



The Foundation
for a healthy
Mid-Willamette Valley

SPRING 2022 SALEM HEALTH AND WEST VALLEY FOUNDATION UPDATES

Ah spring...when we hope the rain slows down and we look forward to the temperatures warming up. This year, spring was when the Salem Health and Salem Health West Valley Foundations hosted live events. We thank those supporters and contributors who helped make these events a success.

This spring turned out slightly different - the rain didn't slow down, and the temperatures stayed cooler.

The cooler temperatures and spring rains didn't derail our plans to get together with supporters for some fun. We launched two great events - one for the Salem Health Foundation and one for the Salem Health West Valley Foundation.



On Saturday, May 21, the Salem Health Foundation partnered with [Salem Tennis and Swim Club](#) to host our first tennis and pickleball tournament.

This tournament is part of a new initiative by the Foundation to focus on women's health, specifically women's cardiac health. Heart disease is the #1 killer of women and cardiac distress symptoms differ between women and men. The Foundation's aim is to bring increased awareness and education to these issues. We aim to reduce barriers for women needing heart disease treatment.

The Foundation sought support from local businesses that are owned/managed by women. [Hope Orthopedics](#) was the title sponsor for the event, while [C&R Design Remodeling](#)

and [Salem Clinic](#) served as significant partner sponsors. We truly appreciate the support we received from our sponsors!

The day started with yoga being led by Lorissa Addabbo of [Common People Yoga](#), another local woman-owned business. The day continued with a round-robin of women's doubles tennis, and pickleball with women's teams, men's teams, and mixed doubles.

The event's participants included local community members, staff from Salem Health and staff from Salem Clinic. Even an out-of-state mother visiting her son participated!

This was a great start to this brand new event. We hope the community will look forward to continuing to build upon its success next year!









Salem Health[®]
Foundations


Thank you to our sponsors & supporters

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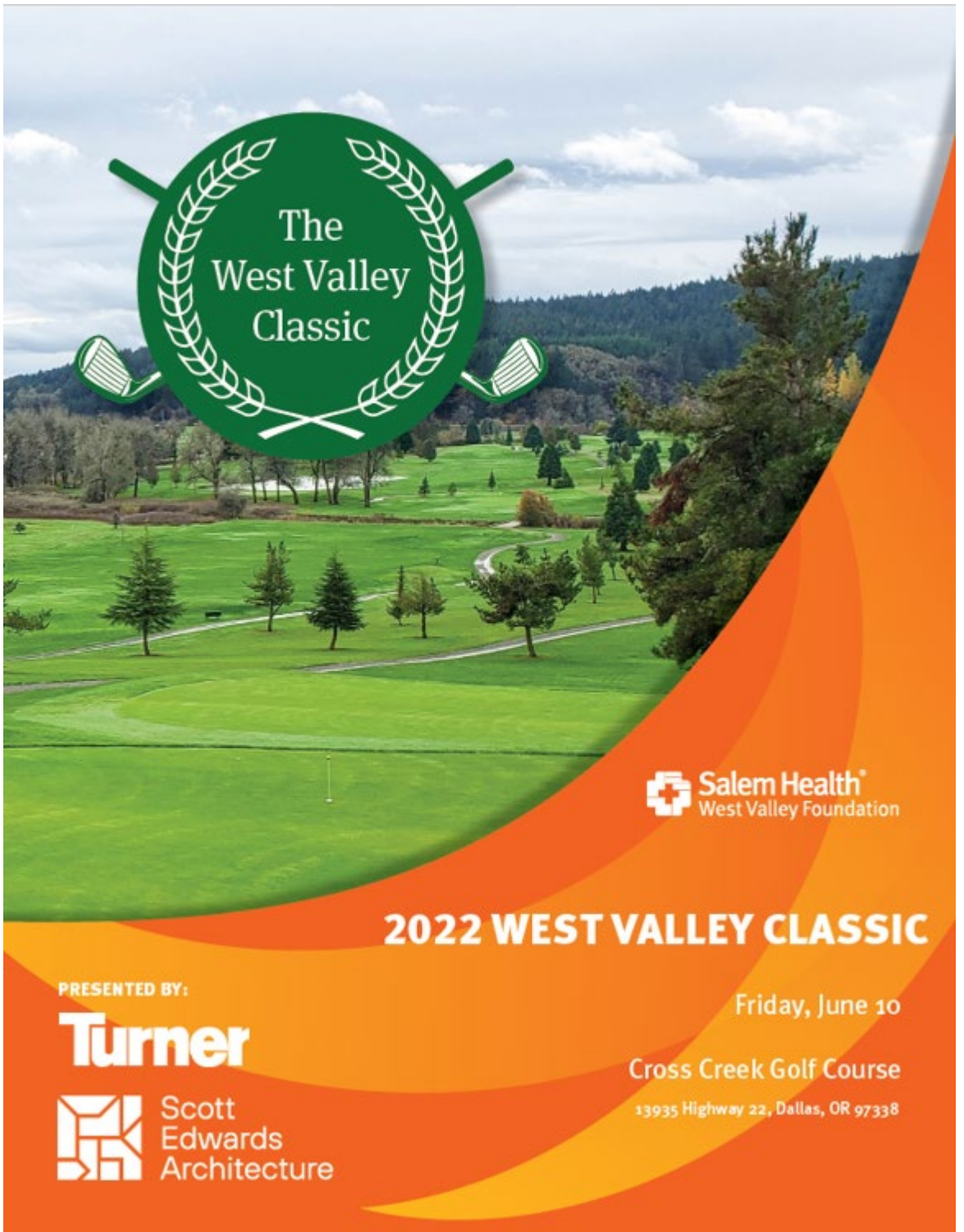


orthopedics
of oregon


COMMON PEOPLE YOGA
EST. 2002

 **Salem Clinic**

**Sandy
Seyler**



On Friday, June 10, the Salem Health West Valley Foundation held our first golf tournament - the West Valley Classic! This event benefits the work of the West Valley Hospital and the Monmouth, Independence, and Dallas Clinics serving Polk County.

The West Valley Classic was hosted by [Cross Creek Golf](#)

[Course](#), located on Highway 22 in Dallas, OR. During a gray and slightly cooler day, 80 players golfed to raise money for the West Valley Foundation's scholarship fund. This was mostly a great new event for local players from Polk County, but the event attracted golfers from as far north as the Portland metro area, to as far south as Eugene.

The money raised will be used to offer scholarships to individuals from Polk County pursuing medically related education. We believe that the funds raised from the tournament will find their way to better care, improved health, and greater well-being for people who live, work, and visit Polk County. This is a model for encouraging local people to become educated in healthcare fields and hopefully come home to work. All of this is good for our communities.

The day started with espresso cart service provided by [Just Us Girls](#), a coffee and wine shop in Salem. Everyone interested was offered caffeinated sustenance as golfers were given the 8a shot-gun start.

Throughout the course of the day, participants were able to also enjoy refreshments, including beverages generously provided by [Parallel 45 Brewing](#).

Two long-time partners of the Foundations, [Turner Construction-Portland](#) and [Scott Edwards Architecture](#), offered major support for the event and served as our co-title sponsors.

Other long-time partners who provided significant support included [Alliant Systems](#), [State Farm - Mitch Ratzlaff](#), [Olsen Communities](#), [Maps Credit Union](#), [Dynalectric Oregon](#), [Western Partitions \(WPI\)](#), Andiamo Consulting,

and [Meduri Farms](#). Teams competed for many rewards, and there were prizes for individuals as well, including a gift certificate from [Spirit Mountain Casino](#) who provided for a dinner for two and a night's stay to be raffled off.

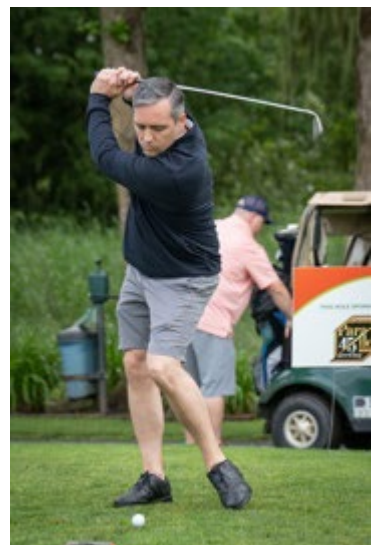
This new event attracted new partnerships. New to supporting the West Valley Foundation efforts were [K&E Excavating](#), Interior/Exterior Specialists (IES), [Brandt's Sanitary](#), [Advantage Mortgage - Keizer Office](#), [Oregon Electric Group \(OEG\)](#), [Willamette Valley Fiber](#), and [White Oak Construction](#).

For promotional items, the Foundation worked with [Identify Advertising](#), a longtime partner, and [Sidekick Promotions](#), a new partner.

We were so grateful that the rain held back, the sun shined just enough, and good spirits were in play during our first golf tournament in the West Valley. With the community support, it was a success!

Thank you to all who supported, volunteered, and participated in this inaugural event!







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